



Florida Keys Retreat
Join us...
October 2nd-6th 2023
in beautiful Islamorada

Soul Search. Research. Career Search.

Spend 5 days in the Florida Keys this fall (2023) with a group of ambitious professionals. Experience a comprehensive and inspiring career development retreat with history, culture, cuisine and vitamin sea:

- Workshops designed to help you complete a thorough Soul Search to inform a targeted Job Search, as well as a specific focus on developing the proper mindset to make your career passions a reality.
- Group sessions to answer questions as you apply the approach to your unique situation as well as opportunities to practice and refine your elevator pitch.
- One-on-one private coaching with Maggie Mistal, one of the best known career coaches according to CNN.
- Individual personality pattern assessment customized to your age and stage.
- Cherish the time in this vibrant setting to reflect on past career success and leave with outlined next steps to an ideal career scenario. Feel confident with an articulated approach and supported in finding the new role that matches your career passions and life purpose.

About Maggie Mistal-Career & Life Coach



In her successful career consulting practice, Maggie Mistal helps people Soul Search, Research and Job Search into their ideal careers. One of the nation's best known career coaches, Maggie's hosted a career talk show on SIRIUSXM, millions have watched her videos and appearances on YouTube, Fox Business and The Today Show and others have read her advice in The New York Times, USA Today, & Money magazine to name a few. Check out Maggie's award-winning podcast titled, Making a Living with Maggie."

Maggie is the author of "Are You Ready to Love Your Job?" which achieved status as a #1 new release in Job Hunting on Amazon.

Maggie coaches all levels including executives on managing their careers for the most success and fulfillment. Her motivational advice to combine passion, purpose, talent and mindset with career has transformed the lives of her listeners, viewers and clients. Maggie's infectious energy and positive attitude are a breath of fresh air for weary workers.

What's Included...

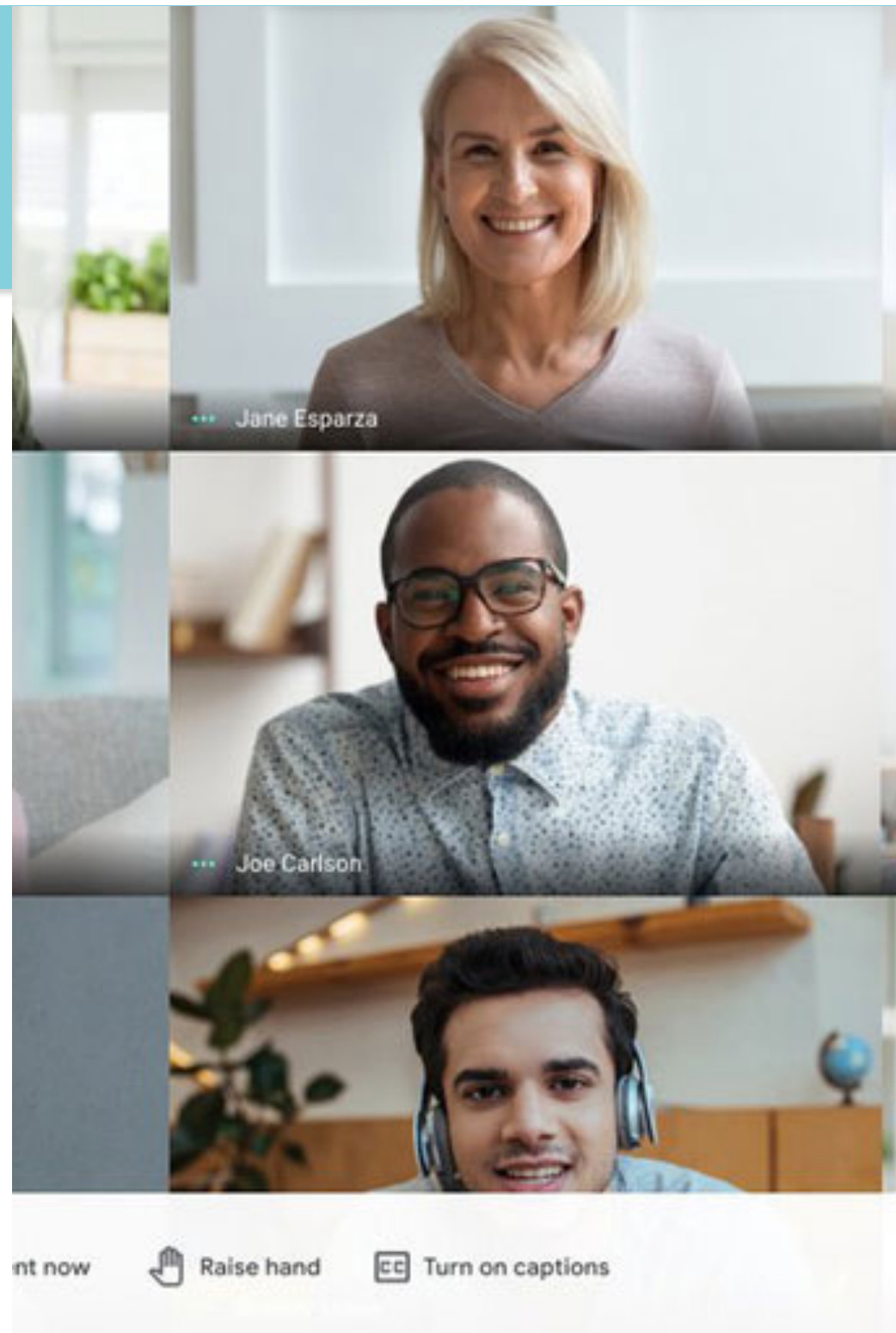
- 5 Day Intensive of Soul Search, Research & Job Search Process
 - Group Workshops
 - One-on-One Coaching
 - Group Q&A Sessions Before, During & After the Retreat
- Custom Personality Pattern Assessment
- Cultural Events & Activities
- Most Meals Included
- Local Transportation via Freebee service
- 24/7 Support from Staff



Itinerary (Pre-retreat)

Pre-Retreat

- Complete a career needs and goals questionnaire + group call (one hour) to set the stage for retreat and foster connections
- Information gathering for your Personality Pattern Assessment



Itinerary (Days 1 & 2)

Day 1: Arrival

- Hotel Check-in
- Tour of Florida Keys Discover Center
- Welcome Dinner

Day 2:

- AM Yoga followed by breakfast and Morning 90-Minute Seminar:
 - The Importance of Mindset: How Thoughts Both Help and Hurt Careers
 - Getting Started on Soul Search: Identifying fields of interest and determining top work values or motivators.
- One-Hour Group Q&A
- Soul Search Exercises for Homework
- Lunch - Historic Food Tour via Electric Golfcart
- Dinner on Your Own



Itinerary (Day 3)

Day 3:

- Breakfast and Morning 90-Minute Seminar:
 - Soul Search: Brainstorming Possibilities and Envisioning the Ideal
 - Mindset: Discerning Fact from Fear
 - How to Research (Strategies to Gather Information and Test Out Possibilities)
- Short Break
- One-Hour Group Q&A
- Research & Mindset Exercises for Homework
- Lunch on the Beach
- Afternoon of Individual One-Hour Coaching Sessions
- Paint n' Sip Workshop at local Brewery
- Dinner at Brewery



Itinerary (Day 4)

Day 4:

- Breakfast on your own
- Morning of Individual One-Hour Coaching Sessions
- Lunch on your own
- Transportation to Afternoon Excursion
- Guided Mangrove Tour with Clear Kayaks (or similar water-related activity)
- 'Come As You Will Be' Final Dinner
 - Opportunity to envision yourself already in your ideal career.
 - For this dinner, you will act as if you are doing work you love by dressing the part and speaking the part. It's a fun, interactive way to try on your new career and imagine the possibilities.



Itinerary (Day 5)

Day 5:

- Breakfast and Morning 90-Minute Seminar
 - Sharing Your Ideal Career Vision
 - Mastering The Proper Career Mindset: Head and Heart Exercise
 - Research Follow-Up: Review Insights Gained Through Your Research)
 - Customizing Your Job Search: Reposition Checklist, How to Build Credentials, and Seamless Transitioning Into Your New Career
- Leave with Your Job Search Action Plan of Short and Long-Term Steps to Make Meaningful Career Change
- Short Break One-Hour Group Q&A
- Wrap-up & Departure



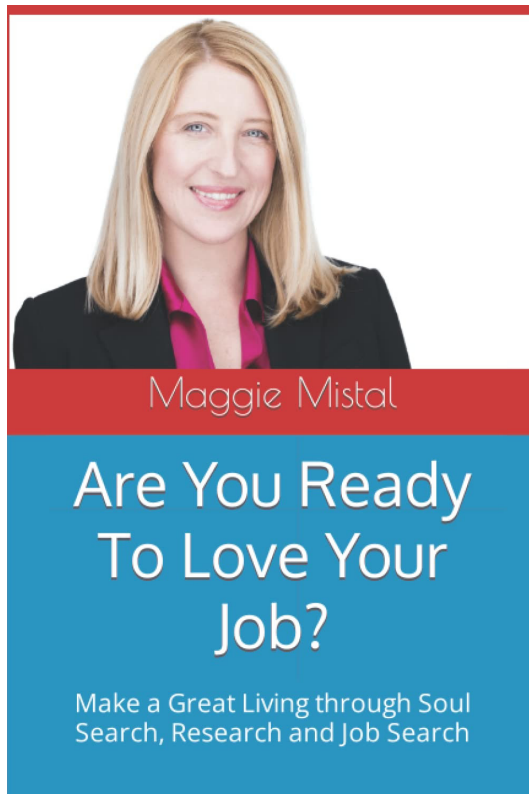
Itinerary (Post-retreat)

Post-Retreat (One-Month After)

- Retreat Reunion Group Coaching Call (One-Hour): This is an opportunity to answer questions, reunite with fellow retreat attendees, share updates and progress and get support as you move forward with your action plans.



BONUS Materials to take home...



**Personally signed copy of “Are You Ready to Love Your Job?”
– ranked as a #1 new release in
Job Hunting on Amazon**



Hardcopy binder of Soul Search, Research and Job Search 3-workbook package

Retreat Testimonials

"Having initiated a sabbatical just a few months before, I was immediately attracted to this opportunity when I learned about it, and I am glad to say it exceeded my expectations. I was surprised on how well Maggie balanced our experience between conversations that pushed us to deep reflection, while at the same time delivering a tangible work frame that helped us investigate ourselves in a structured way, and from there build action plans aligned to our passions. Maggie is an experienced and passionate coach who demonstrates love for what she does."

- Filipe Coutinho de Figueiredo



Retreat Testimonials



- *“...a talented career coach like Maggie made this an extremely powerful experience. And sharing the trip with a group of people interested in (or in the midst of) similar transitions in their professional lives created a genuine sense of community that I know will last beyond the trip.... Highly recommended!”*
 - Ben Lefort

Pricing & Deadlines

- Standard Registration: \$4800
- Deadline: September 23rd, 2023
- For more information and next steps please contact: Maggie@MaggieMistal.com



"What makes Maggie terrific is that she genuinely acknowledges true obstacles and helps devise a plan to work around these obstacles. I wholeheartedly recommend Maggie."

- Karen Kerem, Change Management Consultant