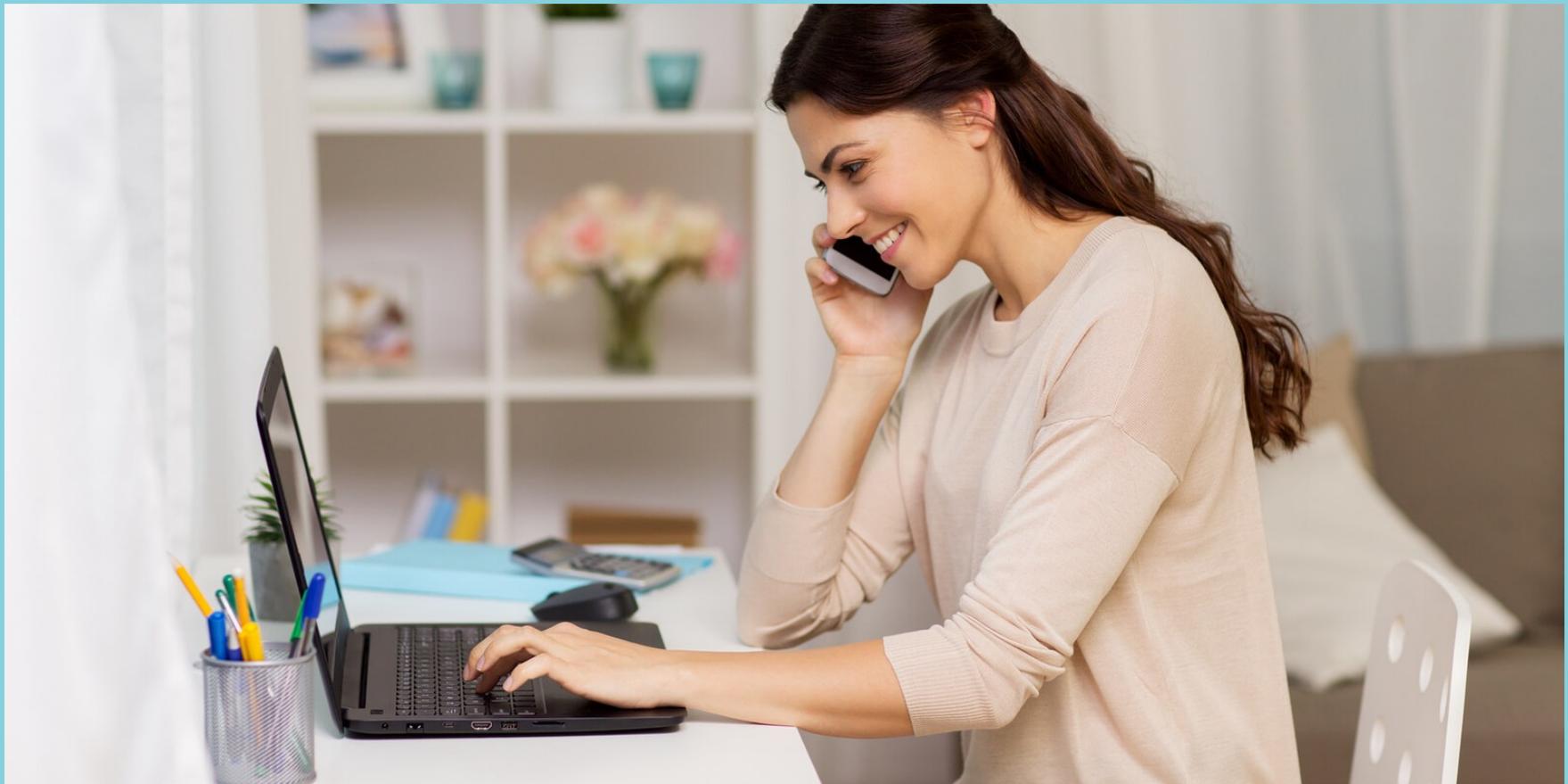
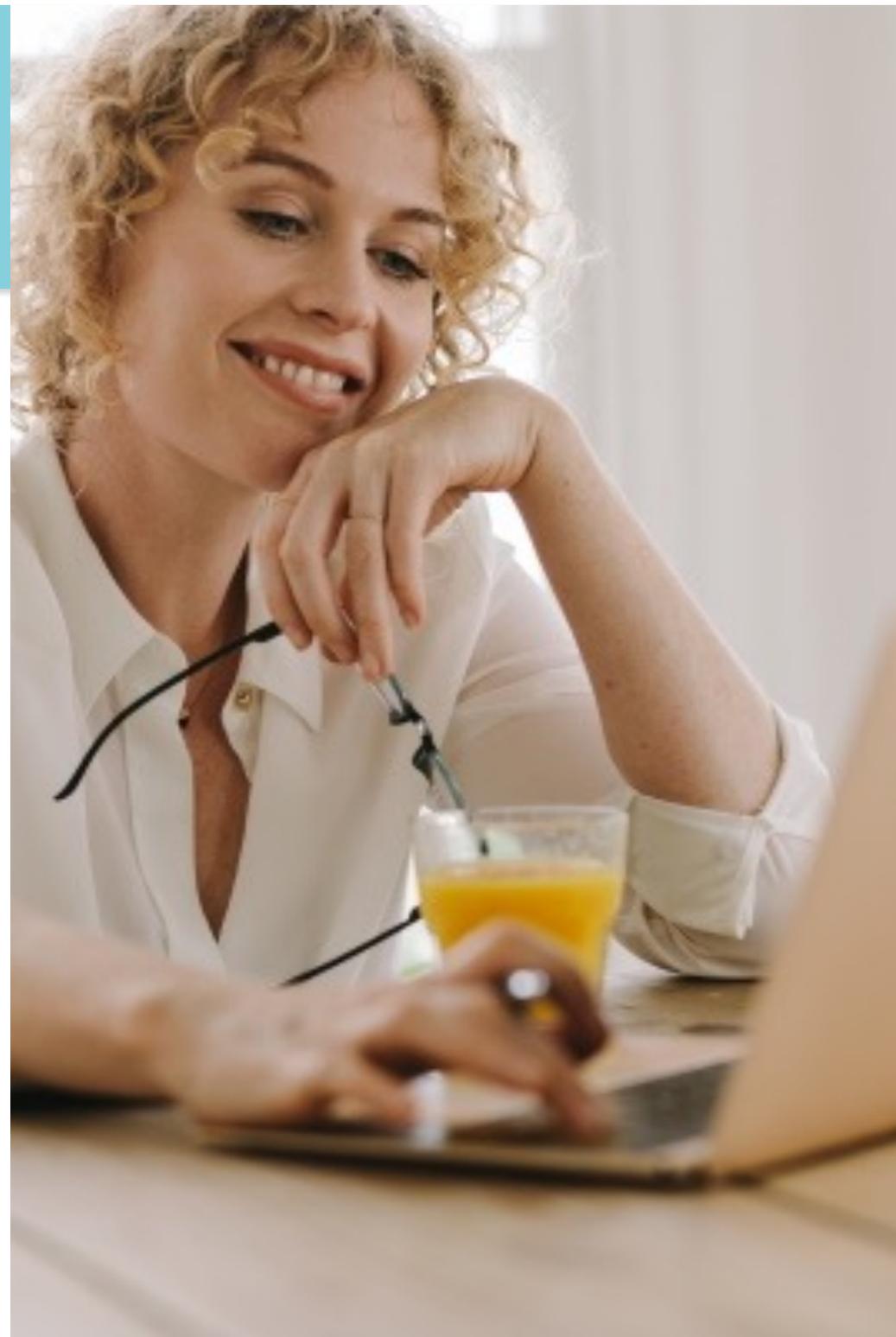


# 2-Day Virtual Career Retreat Hosted by Maggie Mistal



# What's Included...

- 2-Day Intensive of Soul Search, Research & Job Search Process
  - Group Workshops
  - One-on-One Coaching
  - Group Q&A Sessions Before, During & After the Retreat
- Come As You Will Be Online Event



# About Maggie Mistal-Career & Life Coach



In her successful career consulting practice, Maggie Mistal helps people Soul Search, Research and Job Search into their ideal careers. One of the nation's best known career coaches, Maggie's hosted a career talk show on SIRIUSXM, millions have watched her videos and appearances on YouTube, Fox Business and The Today Show and others have read her advice in The New York Times, USA Today, & Money magazine to name a few. Check out Maggie's award-winning podcast titled, Making a Living with Maggie."

Maggie is the author of "Are You Ready to Love Your Job?" which achieved status as a #1 new release in Job Hunting on Amazon.

Maggie coaches all levels including executives on managing their careers for the most success and fulfillment. Her motivational advice to combine passion, purpose, talent and mindset with career has transformed the lives of her listeners, viewers and clients. Maggie's infectious energy and positive attitude are a breath of fresh air for weary workers.

# Itinerary (Pre-retreat)

## Pre-Retreat

- Complete a career needs & goals questionnaire + group call to set the stage for retreat & foster connections



# Itinerary (Day 1)

## Day 1 (October 22<sup>nd</sup>):

- Morning 90-Minute Seminar
  - The Importance of Mindset: How Thoughts Both Help and Hurt Careers
  - Getting Started on Soul Search: Identifying fields of interest & determining top motivators
- One-Hour Group Q&A
- Lunch break
- Soul Search Exercises for Homework
- Afternoon 90-Minute Seminar
  - Soul Search: Brainstorming Possibilities and Envisioning the Ideal
  - Mindset: Discerning Fact from Fear
  - How to Research (Strategies to gather information and test out the possibilities)
- Short Break
- One-Hour Group Q&A
- Research and Mindset Exercises for Homework



# Itinerary (Day 2)

October 23rd-29th:

- Individual One-Hour Coaching Sessions
- Research on your own

**Day 2 (October 29th):**

- Morning 90-Minute Seminar
  - Sharing Your Ideal Career Vision With Others
  - Mastering The Proper Career Mindset: Head and Heart Exercise
  - Research Follow-Up: Review Insights Gained Through Your Research)
  - Customizing Your Job Search: Reposition Checklist, How to Build Credentials, and Seamless Transitioning Into Your New Career
- Finish with Your Job Search Action Plan of Short and Long-Term Steps to Make Meaningful Career Change
- Short Break
- One-Hour Group Q&A
- Lunch Break



# Itinerary (Day 2 cont'd)

## Day 2 Continued...

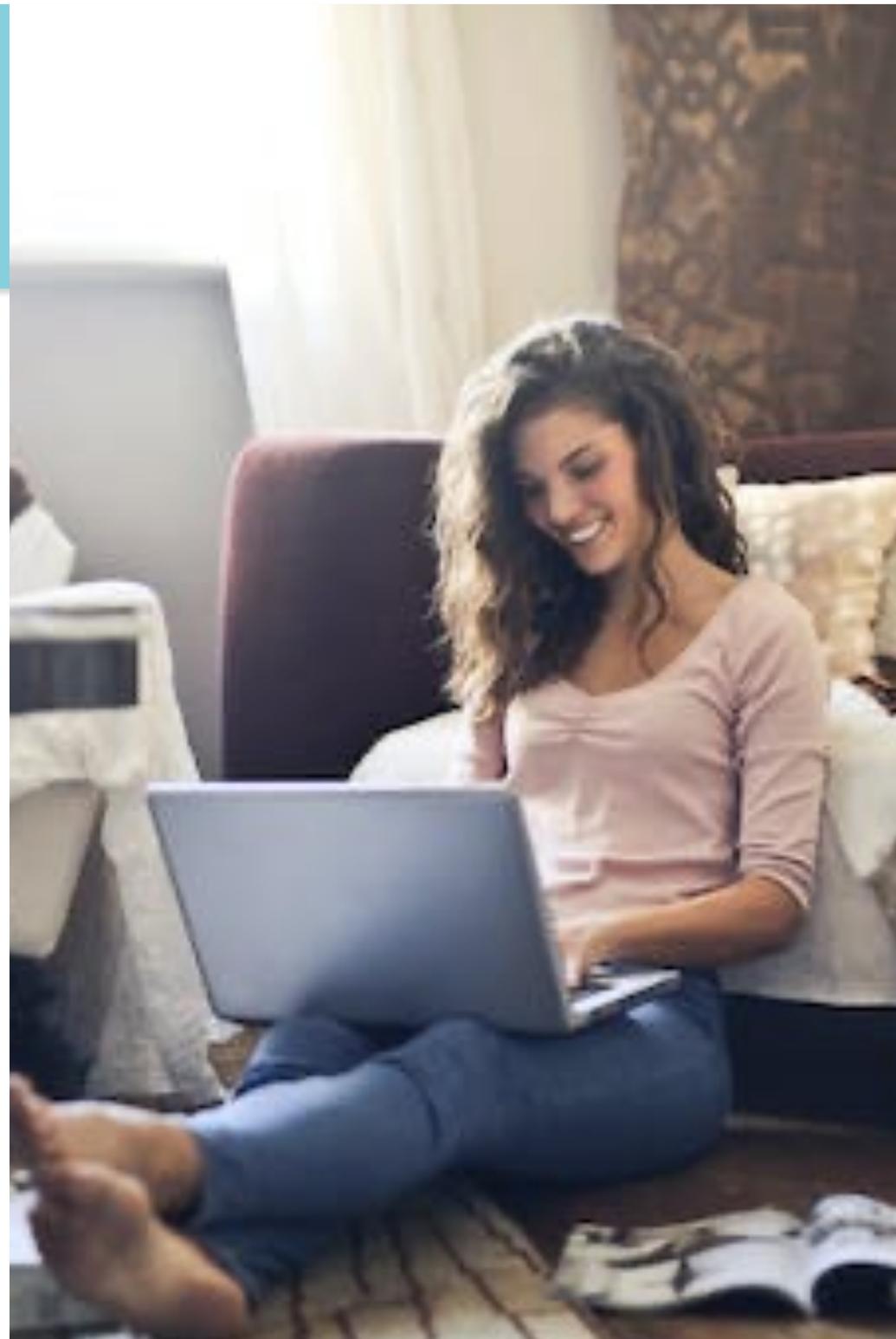
- Afternoon 90 minute 'Come As You Will Be' Virtual Wine Tasting
  - Opportunity to envision yourself already in your ideal career).
  - For this online session, you will act as if you are doing work you love by dressing the part and speaking the part.
  - It's a fun, interactive way to try on your new career and imagine the possibilities.



# Itinerary (Post-retreat)

## Post-Retreat (One-Month After)

- Retreat Reunion Group Coaching Call (One-Hour): This is an opportunity to answer questions, reunite with fellow retreat attendees, share updates and progress and get support as you move forward with your action plans.



# Retreat Testimonials

*"Having initiated a sabbatical just a few months before, I was immediately attracted to this opportunity when I learned about it, and I am glad to say it exceeded my expectations. I was surprised on how well Maggie balanced our experience between conversations that pushed us to deep reflection, while at the same time delivering a tangible work frame that helped us investigate ourselves in a structured way, and from there build action plans aligned to our passions. Maggie is an experienced and passionate coach who demonstrates love for what she does."*

*- Filipe Coutinho de Figueiredo*



# Retreat Testimonials



- *“...a talented career coach like Maggie made this an extremely powerful experience. And sharing the trip with a group of people interested in (or in the midst of) similar transitions in their professional lives created a genuine sense of community that I know will last beyond the trip.... Highly recommended!”*
  - Ben Lefort

# Pricing & Deadlines

- Standard registration: \$1349
- Deadline: October 15<sup>th</sup> 2023



- **For More information and next steps please contact:**  
[Coaching@MaggieMistal.com](mailto:Coaching@MaggieMistal.com)

*"What makes Maggie terrific is that she genuinely acknowledges true obstacles and helps devise a plan to work around these obstacles. I wholeheartedly recommend Maggie."*

*- Karen Kerem, Change Management Consultant*