Maggie Mistal Long Bio



Maggie is the author of <u>"Are You Ready to Love Your Job?"</u> which achieved status as a #1 new release in Job Hunting on Amazon. Over 5 million people have watched Maggie's <u>"How to Ace a Job Interview"</u> on YouTube. She's been dubbed, "one of the nation's best known career coaches." NBC's The Today Show featured her personal story of dealing with life and career change. For 7 years, she hosted a SIRIUSXM radio show (now a podcast) called <u>"Making a Living with Maggie"</u>.

As a career and executive coach, Maggie has helped millions <u>Soul Search</u>, <u>Research and Job Search</u> into their ideal careers. Her passion is her <u>career consulting practice</u>, working with individuals to identify their ideal careers and empowering them to make career change. Unsatisfied employees of all levels and backgrounds seek out her coaching to get their careers on track. Top corporations such as PepsiCo, CIGNA, Diageo NA, and Randomhouse have sought out Maggie's advice in engaging their employees and managers.

After being Director of Learning & Development for Martha Stewart Living Omnimedia for several years, Maggie became Martha Stewart Living Radio's Career Coach on satellite radio. She has interviewed some of the most successful names in their fields from Martha Stewart to Sally Field to Deepak Chopra to Stephen Covey to Dilbert creator Scott Adams. She is known for sharing spot-on advice and inspiration with the many listeners who called in each week. She also appeared as an expert guest on ABC Radio and CBS Radio.

Maggie's experience has positioned her to speak at leading events for career-minded professionals. She was the keynote speaker at The NY Creative Interns Find & Follow Your Passion conference. She has been twice featured as a speaker at America's largest one-day conference on philanthropy. Maggie has also spoken at both her alma maters— via webinar for the Alumni Association of Villanova University and as commencement speaker for MMI Preparatory School.

In addition to coaching, radio, and speaking, Maggie shares career advice in print and online. She has been quoted in articles for The New York Times, The New York Post, The Washington Post, FoxBusiness.com, WallStreetJournal.com, New York Newsday, USA Today, Forbes.com, Money Magazine, Shape Magazine and the Boston Globe. She writes her own blog as well.

To support people in reaching their full potential, Maggie offers <u>Biofield Tuning</u> and <u>Personality Pattern assessments</u> to help clients increase self-awareness, release blocks, and align their energy for greater clarity and transformation. Tools like these can be offered virtually so Maggie can serve her clients wherever they are.

With her spare time, Maggie has been known to paint and sing cabaret. Her off-Broadway show is aptly titled <u>"Follow Your Dreams."</u> She is also a very proud mom who loves to stay adventurous and travel the globe with her husband and son. To listen to Maggie's podcast, watch her videos and find out more about her coaching services, visit her website at <u>MaggieMistal.com</u> and follow her on <u>Facebook</u>, <u>Twitter</u>, <u>LinkedIn</u>, <u>Instagram</u> and <u>YouTube</u>.